

# SAFE Tane/Wahine/Adult Service

## Fact Sheet



**The SAFE Adult Service** is a Service providing treatment to tane/men and wahine/women who have exhibited harmful sexual behaviour towards tamariki/children and rangatahi/young people aged sixteen years or younger.

The Service provides specific services for:

- Maori.
- Pasifika peoples.
- All other ethnicities.
- 17-24 year olds.
- Direct contact offenders.
- Internet offenders, who have illegally accessed, traded or produced child sexual abuse imagery or have groomed children and young people online.
- People with Intellectual or Cognitive Disability or Complex Needs.

### **The SAFE Adult Service provides:**

- Group treatment – a weekly treatment group of 2-3 hours duration dependent on the specific needs of the client population
- Regular review meetings – 3-6 monthly dependent on specific client needs. Additional review meetings may be required if necessary.
- Focused weekend intensive treatment including residential intensives in an appropriate context such as camps or marae.
- Individual and Whanau/Family counselling on a needs basis.
- Support, education and advice for partners and/or whanau/family members and support agencies.

### **Adults Who Attend SAFE:**

- May be directed to attend the SAFE Adult Service by the Courts or Parole Board.
- May also be referred by anyone in the community.
- Do not need to have been charged by the Police for an offence.
- May be referred by SAFE to CYFS or other agencies for further assistance.

### **What Does Treatment Involve?**

All clients who are referred to SAFE receive an assessment detailing appropriate treatment recommendations.

Duration of treatment is dependent upon individual treatment progress. Clients with intellectual and cognitive disability may require extended treatment.

## **Group Treatment**

Weekly sessions focus on different aspects of the client's behaviour including (but not limited to):

- Support in taking responsibility for their harmful sexual behaviours
- Understanding the pathway's to offending.
- Victim empathy –awareness of the impact of harmful sexual behaviour upon victims and whanau/families.
- Emotional regulation.
- Healthy sexuality and relationships.
- Lifestyle management.
- Developing and practicing new ways of functioning that support abuse-free lives.

## **Individual Treatment**

Each client is allocated an individual clinician with whom they meet on a regular basis (frequency of meetings is determined by the clients individual treatment needs). The task of the individual clinician includes (but is not limited to):

- Exploring in depth the factors that underlie the client's harmful behaviours.
- Addressing any long-standing personal issues the client may have.
- Ensuring the key ideas presented in group treatment are understood and that the client is able to apply them to their individual circumstances
- Monitoring any homework tasks.
- Providing a case-management overview of the client's progress in treatment
- Liaison with other agencies and professionals working with the client.

**NOTE:** The individual clinician is the key worker for a client at SAFE.

## **Whanau/Family Work**

As harmful sexual behaviour impacts on relationships with partners and whanau/families, SAFE clinicians will want to meet with any whanau/family members of the client (including their spouse or partner), involved in their treatment at SAFE. All clients are required to have at least one person from their family or friends act as a support person throughout their treatment. We strongly encourage multiple support people for best outcomes.

The focus of whanau/family work includes (but is not limited to):

- Exploring how the harmful sexual behaviour has affected everyone.
- Supporting whanau/family members through the treatment process.
- Addressing any relationship difficulties between the client and their whanau/family or partner.
- Ensuring the safety of everyone concerned is maintained, especially any tamariki/children.
- Should whanau/families have separated as a result of the harmful sexual behaviour and now wish to reunite, whanau/family work at SAFE is the place to discuss how this might happen.

In addition, education and support groups for partners and other support people are held at SAFE. Attendance at Education Days is a requirement for all support people.

**NOTE:** SAFE's policy is that all clients who attend SAFE must not live with children during the course of therapy. Any exceptions to this must first be agreed to by the SAFE Clinical Director, in conjunction with Child, Youth and Family. Please note we very rarely make exceptions to this policy, in order to maintain the safety of tamariki/children.

### **Will I Have to Pay for My Treatment?**

People attending SAFE as part of a Court sentence will normally have their fees paid by Community Probation Service. Others who attend voluntarily will be charged a fee. Voluntary clients must contact the SAFE Financial Team Leader to discuss fees and must provide supporting evidence of their financial situation for consideration.

### **How Do I Contact SAFE?**

To make a referral or enquiry, contact Reception on phone (09) 377 9898 ext 700, and ask for the Duty Counsellor. You will be dealt with sensitively and respectfully.

Or download a referral form from our website [www.safenetwork.org.nz](http://www.safenetwork.org.nz) and forward it to us.

**PLEASE NOTE:** SAFE is governed by a 'Limited Confidentiality Policy' protects the wellbeing of any at risk tamariki/children or rangatahi/young people or other persons, that come to our attention.